

## Real Talk on Cancer

A Special Webinar in Honor of Breast Cancer Awareness Month

October 9th, 2025

Brown & Brown Insurance Services, Inc.







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## Introductions



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Managing Consultant, Clinical & Population Health, Brown & Brown



**Louise Short**, MD, MSc, FACOEM

National Clinical Leader, Brown & Brown



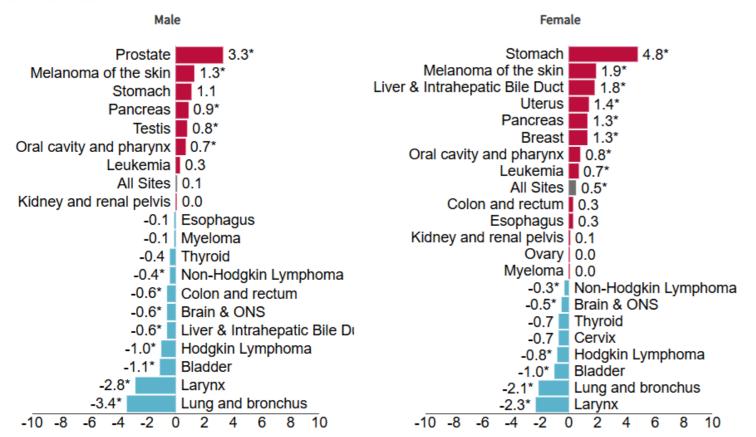
**Tricia Scannell** Laursen

President, DetecTogether



## **U.S. Cancer Trends**



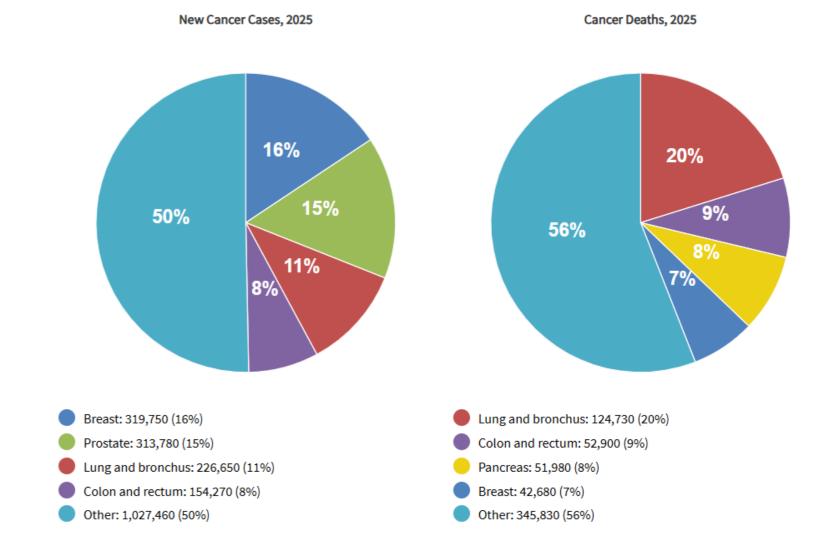




<sup>\*</sup>AAPC is significantly different from zero (p<.05)

Rates are age-adjusted and adjusted for reporting delay in the registry

The 2020 incidence rate is not used in the calculation of trends. Impact of COVID on SEER Cancer Incidence 2020 data





of men and women will be diagnosed with some form of cancer in their lifetime.

Source: https://seer.cancer.gov/statfacts/html/common.html; https://www.cancer.gov/about-cancer/understanding/statistics



# Why is Cancer the #1 Cost **Driver in the Market?**

- Increase in early-onset cancers
- Increase in late-stage diagnosis of some cancers
- Increase in preventive screenings/detection
- Advancements in medical treatments
- Decrease in mortality rates/higher survival rates



employers say cancer is the number one driver of health care costs



say cancer is driving up their organization's health care cost to "a great extent" or "very great extent"

Sources: cancer.org, cancercontrol.gov, Brown & Brown Employer Health and Benefits Strategy Survey, 2025, Business Group on Health Employer Health Care Strategy Survey, 2026



#### **Direct Costs**

- Always in the top three condition by cost for insurers
- Projected to increase to \$246 billion by 2030



### **Indirect Costs**

- Time off from work
- Financial hardship/ increased stress
- Emotional/caregiving support from family
- Lack of productivity

## \$139 billion

is associated with diminished productivity and lost work time, either for cancer treatment or caring for someone with cancer

# Dr. Louise Short

National Clinical Leader, Brown & Brown

## Tricia Scannell Laursen

President, DetecTogether

# **Areas of Cancer Care Intervention for Employers**



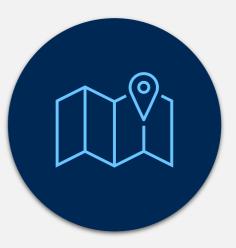
### **Prevent**

Lifestyle and behavior modification can lower risks



### **Detect**

Catching cancers early improves treatment outcomes and survival



### **Navigate**

Finding the best quality care and supports improves outcomes, costs and experience



## **Prevent Cancer**



- Cancer is caused by changes to genes that control the way cells function, especially how they grow and divide. Genetic changes that cause cancer can happen because:
  - 1. Errors occur as cells divide.
  - 2. Environmental substances cause damage to cell DNA, such as the chemicals in tobacco smoke and ultraviolet rays from the sun
  - **3. Inherited** from parents
- An estimated 42% of cancer cases and 45% of cancer deaths in the US are attributed to potentially modifiable risk factors.1
- Smoking causes about 20% of all cancers and about 30% of all cancer deaths in the United States. About 80% of lung cancers, as well as about 80% of all lung cancer deaths, are due to smoking.<sup>2</sup>
- Excess body fat increases the risk of several cancers, including colorectal, post-menopausal breast, uterine, esophageal, kidney and pancreatic cancers.<sup>3</sup>

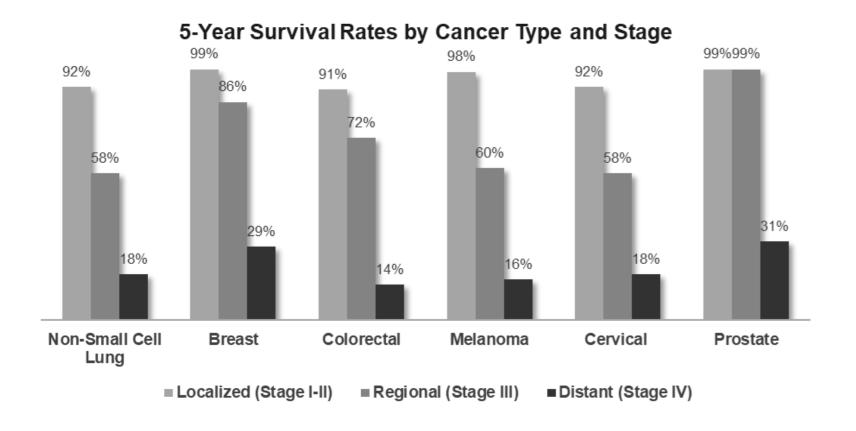
- Promote healthy lifestyle and behaviors
- Offer weight management resources
- Offer tobacco cessation programs and coaching
- Support physical activity
- Inform on vaccinations (e.g., HPV and HepB)



## **Detect Cancer**



Early detection and treatment improves outcomes and survival rates and reduces the cost and complexity of treatment.



*Cancer Type	Lung	Breast	Colorectal	Melanoma	Prostate
% Savings with Early Detection	55%	128%	121%	950%	68%

- Encourage primary care access and routine physicals
- Promote preventive screening guidelines and offer paid leave off
- Arrange mobile screenings at the workplace
- Educate on cancer risk, signs and symptoms
- Consider new technologies for risk and detection (e.g., genomic testing)



# **Navigate Cancer**

- If a member receives a cancer diagnosis, an employer can help to ensure the best care is available
- Cancer treatment costs are highly attributed to cancer drugs, with an increased percentage of specialty oral drugs
- As many as 36% of cancer patients search for a second opinion<sup>1</sup>
- Changes in diagnosis, treatment recommendations or prognosis as a result of the second opinion occurs in 12-69% of cases<sup>1</sup>
- It is estimated that up to one-third of people treated for cancer in hospitals have a mental health condition<sup>2</sup>
- 8% to 24% of people with cancer are also living in depression<sup>2</sup>
- Consider financial and lifestyle supports for both medical and non-medical needs

- Ensure members understand their options and cost share
- Evaluate existing and carrier embedded cancer programs and Centers of Excellence (COE) strategy
- Consider expert medical opinion and advocacy services
- Offer caregiver and lifestyle support
- Integrate behavioral health resources
- Disability and work accommodations to keep workers engaged through treatment

<sup>1.</sup> Ruetters, D., Keinki, C., Schroth, S. et al. Is there evidence for a better health care for cancer patients after a second opinion? A systematic review. J Cancer Res Clin Oncol 142, 1521–1528 (2016). https://doi.org/10.1007/s00432-015-2099-7 2. https://www.mhanational.org/cancer-and-mental-health



# **Brown & Brown's Population** Health and Well-Being Team

The Brown & Brown Population Health & Well-Being team takes a proactive and comprehensive approach to cancer for your employee and member population.

- Evaluation of population health profile, analysis of screening rates and early treatments and interventions. Assessment of high-cost cancer claimants care management.
- Organizational policies and benefit plan design recommendations to support whole person cancer care.
- ✓ Working with Cancer pledge facilitation to meet the 4 organization policies to support employees working with cancer.
- ✓ Vendor and partner evaluation and selection including Centers of Excellence, Advocacy, Navigation and Expert Medical Opinions for evaluation for selection of best-practice and evidence-based cancer treatments.

### **Learn How We Can Help**



CONTACT US →

# Continuing Credits



# **25-FHS2T**







# THANK YOU!



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